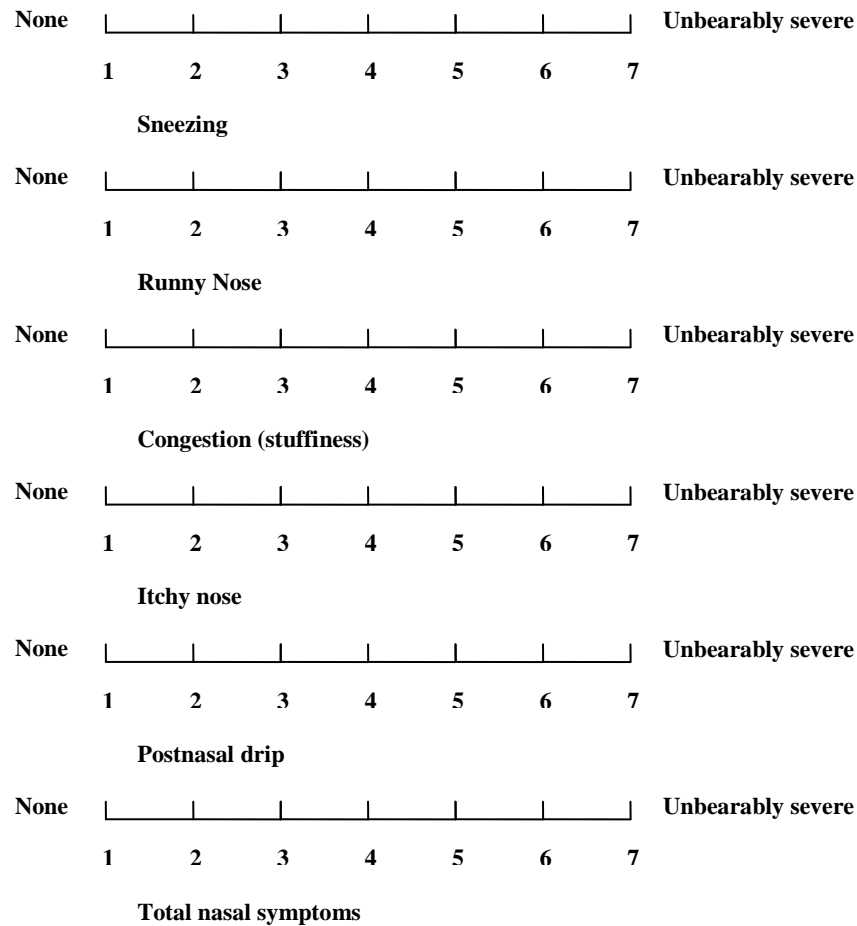


Visual analogue Scales for Rhinitis Severity

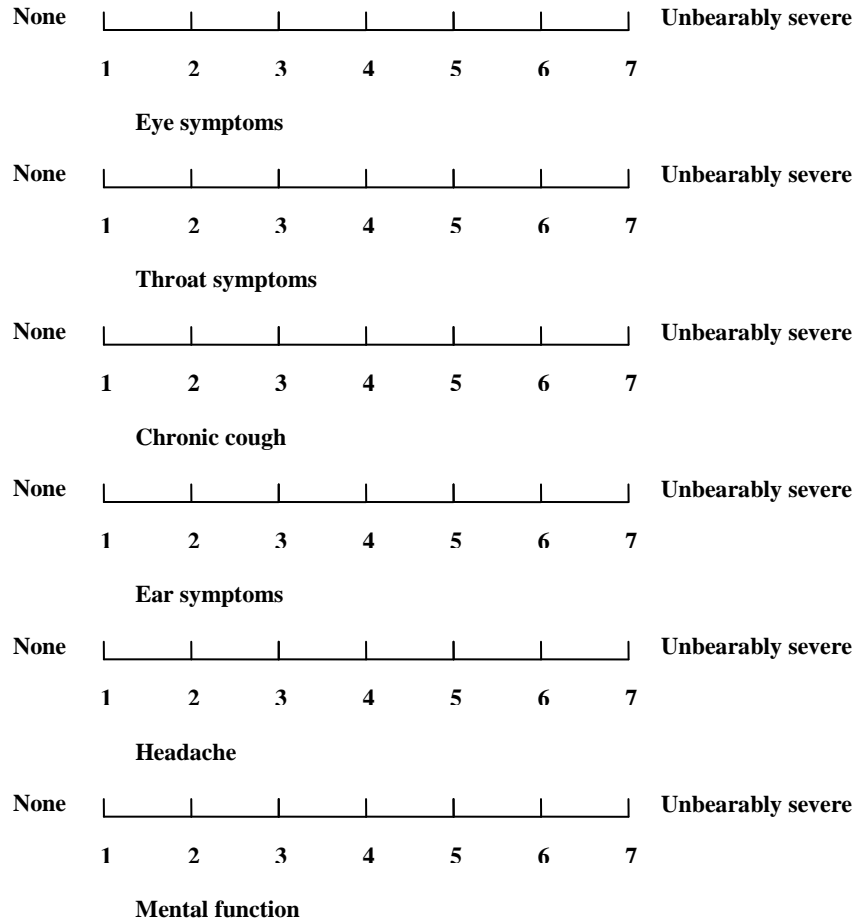
Figure 1.
Assessment of nasal symptom severity



KEY TO SYMPTOMS

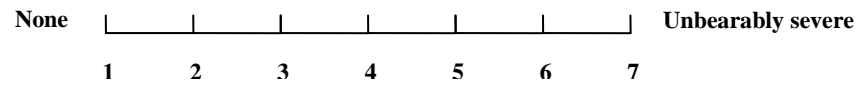
- 1 = None – to an occasional limited episode
- 2
- 3 = Mild – Steady symptoms but easily tolerable
- 4
- 5 = Moderately Bothersome – Symptoms hard to tolerate, may interfere with activities of daily living and/or sleep
- 6
- 7 = Unbearably severe – Symptoms are so bad, person can't function all the time

Figure 2.
Assessment of non-nasal symptom severity



KEY TO SYMPTOMS	
1	= None – to an occasional limited episode
2	
3	= Mild – Steady symptoms but easily tolerable
4	
5	= Moderately Bothersome – Symptoms hard to tolerate, may interfere with activities of daily living and/or sleep
6	
7	= Unbearably severe – Symptoms are so bad, person can't function all the time

Figure 3.
Global assessment of nasal and non-nasal symptom severity



KEY TO SYMPTOMS

- 1 = None – to an occasional limited episode
- 2
- 3 = Mild – Steady symptoms but easily tolerable
- 4
- 5 = Moderately Bothersome – Symptoms hard to tolerate, may interfere with activities of daily living and/or sleep
- 6
- 7 = Unbearably severe – Symptoms are so bad, person can't function all the time

Figure 4. Assessment of quality of life



- 1 = Quality of life is terribly affected in terms of sleep disturbance at night and/or impairment of work performance and/or impairment of social and/or recreational activities
- 2 = Quality of life is affected almost all the time in terms of sleep disturbance at night and/or impairment of work performance and/or impairment of social and/or recreational activities
- 3 = Quality of life is affected often in terms of sleep disturbance at night and/or impairment of work performance and/or impairment of social and/or recreational activities
- 4 = Quality of life is affected occasionally but it is tolerable in terms of sleep disturbance at night and/or impairment of work performance and/or impairment of social and/or recreational activities
- 5 = Quality of life is hardly affected in terms of sleep disturbance at night and/or impairment of work performance and/or impairment of social and/or recreational activities
- 6 = Quality of life is so mildly affected it is hardly noticed in terms of sleep disturbance at night and/or impairment of work performance and/or impairment of social and/or recreational activities
- 7 = Excellent quality of life in terms of sleep disturbance at night and/or impairment of work performance and/or impairment of social and/or recreational activities

* This classification lends itself to a numeric scoring including individual scores or combination

Adapted from: Wallace, D., et al., *The diagnosis and management of rhinitis: an updated practice parameter*. J Allergy Clin Immunol, 2008. **122**(2 Suppl): p. S1-84